According to Ephesians, in Christ I...

- ...am called faithful (1:1)
- ...have been blessed with every spiritual blessing (1:3)
- ...am holy and blameless in His sight (1:4)
- ...have been redeemed (1:7)
- ...have forgiveness of sins, given rich grace and insight into God's will (1:7-9)
- ...am a part of God's plan and purpose (1:11)
- ...have been given the promised Holy Spirit (1:13)
- ...am raised up with Christ, and seated with Him in the heavenly realms (2:6)
- ...am a recipient of incomparable riches of grace and kindness (2:7)
- ...was created in Christ Jesus to do good works (2:10)
- ...a dwelling for God's Spirit (2:22)
- ...share in all God's promises (3:6)
- ...may approach God with freedom and confidence (3:12)
- ...am forgiven (4:32)